

Well-rounded, resilient, self-starting

This is the type of student our academic culture looks to foster. This process occurs in a selective learning environment that offers students the flexibility to balance academics and athletics.

60%
3.5-4.0 GPA

25

AVG ACT SCORE
NATIONAL AVG: 20

1280

AVG ACT SCORE
NATIONAL AVG: 1068



Through mentorship, community service projects and guest speakers, the experience offered to our student athletes is designed to maximize leadership capabilities.

EXPECT MORE, ACHIEVE MORE

Because our student-athletes aspire to be elite, they **expect** more... and **get** more, including:

- + 20+ HRS ON-SITE ACADEMIC TIME / WK
- + 8+ HRS SPORT-SPECIFIC TRAINING / WK
- + NCAA ACCREDITED CORE COURSES
- + ATHLETE CENTERED ELECTIVE COURSES
- + INDIVIDUALLY TAILORED LEARNING
- + 24/7 COURSEWARE ACCESS
- + VIRTUAL TUTORING SERVICES
- + HONORS, AP & FOREIGN LANGUAGE COURSES
- + SAT/ACT PREP COURSE
- + SUPPORT FOR IEP'S & 504'S
- + COACH FA'S MENTORSHIP PROGRAM
- + KINDUCT ATHLETE WELLNESS APP
- + ZOOM VIDEO CONFERENCING
- + P.E. CREDIT FOR SPORT-SPECIFIC TRAINING
- + ATHLETE-FRIENDLY MEALS

SCAN TO LEARN MORE



FOLLOW US ON SOCIAL

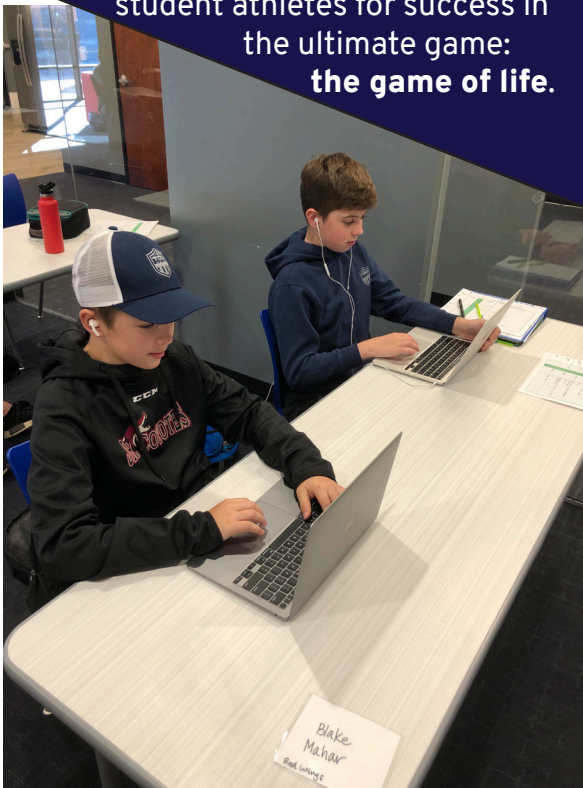
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A New Approach for the
Dedicated Student-Athlete

MAXIMIZE YOUR POTENTIAL

The TPH Center of Excellence is an academy-style, focused environment where dedicated student-athletes *Study, Train and Play* to their fullest potential. Our environment combines a proven, accredited, blended academic learning program with innovative, hands-on, sport specific training and instruction. We in TPH believe in a holistic approach, and recognize that our greatest responsibility is to prepare our student athletes for success in the ultimate game: **the game of life.**



DO YOU ASPIRE TO BE ELITE?

Here are 5 reasons why the Center of Excellence is right for you.

SELECTIVE ENVIRONMENT

Study, Train and Play with like-minded individuals, and watch your development accelerate.

IDEAL BALANCE

Our firm but flexible approach allows you to pursue your academic, athletic and life goals all at once.

EMPHASIS ON GROWTH

We show you **how** to be an elite player, athlete, student and person.

INNOVATIVE TRAINING METHODS

Our training methods are personalized and built on execution of skills, habits, concepts and details, in an environment that promotes individualized coaching and increased repetitions.

MINI CAMPUS STYLE SETUP

Much like university, our student-athletes *Study, Train and Play* all in one day, in first-class facilities.

A BALANCED, PERSONALIZED APPROACH

- 8:15 AM ARRIVAL / VIDEO
- 8:30 AM DYNAMIC WARM-UP
- 9:00 AM TRAINING
- 11:00 AM SHOWER
- 11:30 AM LUNCH
- 12:00 PM ACADEMICS
- 2:00 PM SNACK
- 2:15 PM ACADEMICS
- 4:00 PM DEPARTURE

Did you know that our student-athletes take daily Kinduct wellness surveys to help maximize training and eliminate burnout?

